

## NATURE WALK GUIDE

DIRECTIONS: Write down your experiences as you walk through nature.

PLANNING QUESTIONS	NOTES
<p>What natural things do you see? <i>(Remember natural objects are things like plants and animals! They're not made by people.)</i></p>	
<p>What colors do you see?</p>	
<p>Stop and close your eyes. What sounds do you hear?</p>	
<p>Stop and close your eyes. What do you smell?</p>	
<p>How does the air feel on your skin?</p>	
<p>Find one thing in nature and ask to touch it. <i>(An adult might suggest you touch a different thing instead.)</i> How does it feel?</p>	
<p>Based on your responses to the other questions, imagine you could taste something in nature. What do you imagine it would taste like? Be careful not to actually taste anything—use your imagination!</p>	